

CORE 52:29 | LIVING YOUR BEST LIFE: Rest

January 14 & 17, 2021

I need clear _____ and I get them through _____.

CORE VERSE: Mark 2:27-28

Genesis 1-2, Creation

Isaiah 40:28

Sabbath rest was established in Eden with _____.

Exodus 20, Ten Commandments

Emphasis: Idolatry and _____.

Remember the “_____” by keeping it “_____.”

What do you _____ on your Sabbath? _____.

Restlessness is often rooted in the fear of _____.

Principle of Priority:

Tithe: ___% with God will go farther than ___% without Him.

Sabbath: ___ days with God will be more productive than _____ days without Him.

2 Chronicles 36:20-21

CORE STORY: Mark 2

Legalism makes the Sabbath a _____, not a _____.

You cannot _____ the Sabbath principle embedded in creation.

You need _____. Jesus is _____.

Matthew 11:28-30

Psalms 46:10

TAKEAWAY: Where do I need to find rest?

NEXT WEEK: Core 52:9 | Happiness | Psalm 1:1-3

Seth Thomas | Senior Pastor

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