

## **BLESS: Eat**

October 28 & 31, 2021

**Mission: to lead people into a growing relationship with Jesus Christ.**

**BLESS: Begin with prayer...Listen...Eat...Serve...Story**

Matthew 9:9-13

Luke 7:34-35

*“When we invite friends for a meal, we do much more than offer them food for their bodies. We offer friendship, fellowship, good conversation, intimacy, and closeness. When we say, ‘Help yourself... take some more... don’t be shy... have another glass...’ we offer our guests not only our food and drink but also ourselves. A spiritual bond grows, and we become food and drink for one another.” —Henri J.M. Nouwen*

### **EXCUSES NOT TO BLESS SOMEONE:**

- 1. “I don't like to have people in my home.”**
- 2. “I wouldn't know what to say.”**
- 3. “I just don't have time.”**

*“Sharing meals together on a regular basis is one of the most sacred practices we can engage in as believers. Missional hospitality is a tremendous opportunity to extend the kingdom of God. We can literally eat our way into the kingdom of God! If every Christian household regularly invited a stranger or a poor person into their home for a meal once a week, we would literally change the world by eating!” —Alan Hirsch and Lance Ford*

### **TAKEAWAY: Invite someone to a meal.**

*“When Jesus himself wanted to explain to his disciples what his forthcoming death was all about, he didn't give them a theory, he gave them a meal.”  
—N.T. Wright*

Seth Thomas | Senior Pastor

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