

1/8/17 | FINDING YOUR WAY BACK TO GOD:



The Awakening to Regret

DISCUSSION QUESTIONS:

1. Have you ever felt yourself stuck in a cycle of longing, disappointment, and regret? If so, describe what was going on.
2. How do you wish you could start over in your life? How do you think your life would be different if you could do it?
3. Do you feel you're ready now for a change that would bring you closer to God? If so, what's the next step? If not, what is holding you back?
4. As you think back over the major decisions you've made in your life so far, what are some of your biggest regrets? How might these mistakes contribute to your feeling distant from God at times?

Read Luke 15:11-19

5. What regrets do you think the son felt when he was alone and had to work extremely hard at the lowest of low jobs just to stay alive?
6. How did his regrets lead him to attempt a "do-over" in his life?
7. By the time he made his decision to return home, how had his longings changed since the time when he had asked his dad for his inheritance?

Read 2 Corinthians 7:8-10

8. What would you say is the difference between "godly sorrow" and "worldly sorrow"?
9. What can you learn from this passage about how to use your

regrets as a springboard for positive change in your life, rather than getting stuck in bitterness?

Read Isaiah 55:6-7

10. What encouragement do you find in these verses for people who have made bad decisions?

Read Isaiah 43:16-21

11. Where do I need a fresh start in my life?

12. Am I ready to believe a fresh start is possible?

13. What is God's role in all of this?

Pray this prayer: *"God, if you are real, make yourself real to me. Awaken in me the possibility that with you I could start over again."*

TAKEAWAY: Do you need to hit the POWER button or the RESET button? How are you going to do so?