

DISCUSSION GUIDE

Psalms for the Road| Part 4
July 29th & August 1st



they have greatly oppressed me from my youth, but they have not gained the victory over me.

Psalms 129:2

1. Read Psalm 129: 1 -2

How was the nation of Israel oppressed? At times, did it look like enemies would prevail?

2. Read Psalm 121: 1 & 2

Why were the enemies unsuccessful in their attempts to gain the victory over Israel?

3. Read Romans 5: 3-5

Can you share a time when you had times of suffering or hardship in your life? Was your first reaction to rejoice or to whine? What happens when we rejoice? What happens when we whine?

Who shows up in the midst of our suffering when we rejoice and persevere?

4. Read Isaiah 40: 6 - 8

When we are feeling overwhelmed by evil, bad news or the weight of this world, what do we need to remember?

5. Read John 1: 1 -5, Isaiah 40: 10 - 11, 27 -31

Who/what is the Word?

Who gives us strength and wings to soar?

6. Read Philippians 3: 13 - 14, 18 - 21

Have there been a fair amount of distractions in the last year that have taken our minds off the prize?

What do we need to focus on as individuals and as a church in order to persevere?

Pray together.