

DISCUSSION GUIDE

BLESS | Week 2 - Prayer
October 14th & 17th, 2021



Discussion Group Questions

Be sure to pick up a Bless Practices for each person in your group.

Message Big Idea

In order to BLESS our neighbor, Jesus invites us to begin with prayer.

Scripture

Luke 6:12-16

Icebreaker & Opening Thought

1. What is one particular routine that you especially enjoy in your daily life?
2. Through the years we've discovered that the best way to live the mission of "helping people find their way back to God" is to be a BLESSing to the people and places God puts in our lives. The acronym, BLESS, stands for five missional practices we can do to carry out the Jesus mission every day: Begin with prayer, Listen, Eat together, Serve, and Share your story. How comfortable are you with prayer?

Bible Discussion

3. Read Luke 6:12-16. What stands out to you about this passage? Does praying all night seem impossible?
4. Jesus often withdrew alone to pray and discern his next steps. (see Luke 3:21, 5:16, 9:16a, 22:32, & 22:41). Does Jesus' example encourage or discourage you? Explain.
5. Jesus did not choose as followers those who everyone liked the most or even the obvious choices. For some reason, he chose fishermen, tax collectors, a religious zealot, and a man who would later betray him. Why might he have done this?

Life Application

6. What is your expectation and experience of prayer?
7. In what ways does prayer change us?
8. How is prayer more about changing you than changing those you are praying for?

The message gave us a three-step guide for prayer this week:

- **Plan:** If we want to be intentional about setting time apart to pray, we need to put it on our calendar and set a time to pray. How do you feel about being that intentional about prayer?
- **Prepare:** As you pray, ask God to prepare your heart for the adventure. Ask God to give you eyes to see people with compassion. Can you share a time when you've prayed, and God has directed you towards someone?
- **Places/People:** As you pray, make a mental map of the places you will visit for the day. Who are some of the people that you will encounter? Maybe God has already put in your heart a place or people that you are supposed to BLESS. Pray for those places, pray for those people, and ask God for an opportunity to BLESS.

There will be days that you will see nothing will happen, so don't give up. There were will other days when something will happen. What are some places you want to pray for God to provide opportunities?

Challenge

The challenge is to set apart some time to pray every day. We don't have to start by praying all night as Jesus did, or even a whole hour as he asked his disciples to do, but we can all begin by praying at least 5 minutes in the morning and few minutes at night.