

DISCUSSION GUIDE

HOW TO WIN THE BATTLE WITHIN:

Demolish Strongholds | January 8, 2023



1. Did anyone make any goals or resolutions for 2023?
2. Read 2 Corinthians 10:3-5. What aren't we to do like the world does?

Is this scripture talking about demolishing strongholds in society or in someone else's life, or in our own lives?

3. What does it mean to take captive every thought and make it obedient to Christ?

What does that look like in practical terms?

4. Read Psalm 27:1. How can we make this verse more of a reality to get us through the difficult time and not just an encouraging thought to put on a plaque?

5. Read Romans 12: 1-2. What does this verse have to do with strongholds that are opposed to God?

How are we supposed to renew our minds?

6. Do you have a stronghold that you are struggling with?

What can you do this new year to walk away from the strongholds that want to take you farther away from Christ?

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