

## HOW TO WIN THE BATTLE WITHIN: Demolish Strongholds

January 8, 2023

\_\_\_\_\_ your heart.

Matthew 15:11

Proverbs 4:23

\_\_\_\_\_ your heart.

**Stronghold:** Any thought or attitude that sets itself up against the \_\_\_\_\_ of God.

2 Corinthians 10:4-5

Ephesians 6:17

\_\_\_\_\_ in your heart!

Matthew 4:2-10, "It is written..."

**Stronghold: I live in fear**

2 Timothy 1:7

Isaiah 41:10

John 14:27

Deuteronomy 31:6

1 Corinthians 16:13

Psalms 112:7

Isaiah 12:2

Psalms 16:8

Psalms 27:1

**Stronghold: I can't change**

2 Corinthians 5:17

**Stronghold: I'm just an angry person**

James 1:19-20

**Stronghold: I'm unworthy**

Ephesians 2:10

What is in your heart \_\_\_\_\_!

## STRONGHOLDS

**Bitterness**

Ephesians 4:31-32

**"My body doesn't matter"**

1 Corinthians 6:19-20

**Complaining**

Philippians 2:14

**Always looking for the easy way out** | 2 Chronicles 19:7

**Inappropriate language**

James 3:11

**Discontentment**

1 Thessalonians 5:18

**Alcohol**

Ephesians 5:18

**Gossip/Slander**

Psalms 101:5a

**Greed**

Proverbs 28:25

**Hate**

John 13:34

**Selfishness**

1 Peter 4:9

**White lies**

Proverbs 12:22

**Lust/Porn**

2 Timothy 2:22

**Loving "things" too much**

Exodus 20:3

**Pride**

James 4:6

**Stinginess**

Proverbs 3:27

**Speaking my mind**

Ephesians 4:29

**Worry**

Philippians 4:6

**Quitting**

Philippians 4:13

**"I don't matter"**

Psalms 139:13

**"I'm ugly"**

Psalms 139:14

**"My thoughts will never change"** | Romans 12:2

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