

## When Fear Tries to Stop the Work

Don't Come Down

February 15, 2026

## DISCUSSION GUIDE

### Message Summary.

Fear often shows up at the moment obedience begins. In Nehemiah 2, we see God invites us to wait for His timing, take the next faithful step, expect opposition, and share the vision with others. Fear is not a sign God is absent; it's often evidence that the work matters. God forms courage in people who obey, while fear remains.

### Key Scripture Summaries.

**Nehemiah 2:1-18** | Nehemiah waits patiently for God's timing, then courageously speaks when the moment comes. Though afraid, he prays, plans, and takes a clear next step of obedience. God's favor meets Nehemiah's preparation. Opposition arises as soon as the work begins. Nehemiah does not retreat. He shares the vision with the people, pointing to God's faithfulness and inviting them into the work together.

**Psalms 27:14** | Waiting on the Lord strengthens our hearts and prepares us for faithful action.

### Start Talking.

1. What's something you've known God wanted you to do, and fear made you hesitate or delay?
2. When you feel afraid, are you more likely to rush ahead or wait until things feel "safer"? Why?
3. Who is someone you trust enough to talk honestly with when fear feels loud?

### Start Thinking.

- Why do we often assume that if something is God's will, it should feel calm and confident?
- What stands out to you about the way Nehemiah waited before acting?
- How can waiting actually prepare us rather than hold us back?
- Why do you think opposition often shows up after we take a step of faith?

### Start Sharing.

1. Share about a season when waiting on God shaped your character or clarified your direction.
2. What's an example of opposition or resistance you faced after choosing obedience?
3. Which part of Nehemiah's response connects most with you right now: waiting, planning, expecting opposition, or sharing the vision?
4. Is there a burden God has placed on your heart that you haven't shared with anyone yet?

### Start Praying.

*God, thank You for meeting us in our fear, not after it's gone. Teach us to trust Your timing, take faithful next steps, and stand firm when opposition comes. Give us courage to obey while fear is still present, wisdom to plan, and humility to invite others into the work You're doing. Help us move forward together, trusting Your gracious hand. Amen.*

### Start Doing.

Choose one or two to practice this week:

- Define what God is putting on your heart and pray about it.
- Take the next step. Identify the next small, faithful step God is asking you to take, and do it this week.
- Don't do it alone. Talk with a trusted person about what God has put on your heart.
- Expect resistance. Instead of being discouraged by pushback, ask God what He wants to form in you through it.
- Finish this sentence in prayer or journaling: "God, even though I'm afraid, You're inviting me to take this next step: \_\_\_\_\_."