

BIBLE STUDY DISCUSSION GUIDE

When You Feel Overwhelmed

Psalm 8 | March 9, 2025



Welcome and Prayer.

Introduce the theme of exploring how worship can transform our perspective and help us manage life's challenges.

Discussion Starter: Ask participants to share a song or hymn that has been significant in their spiritual journey. How does it connect to their experiences with God?

Scripture Reading: Read Psalm 8 aloud together.

Key Points from the Sermon: Explain the concept of "worship" as ascribing worth to God. Discuss how worship is not just about music but about recognizing God's glory and our place in His creation.

Reflection Questions:

1. What does it mean to you to ascribe worth to God?
2. How does worship help you see God's glory in your daily life?
3. Re-read Psalm 8:3-5. Discuss how these verses highlight human worth in God's creation.
4. How does recognizing God's glory in creation affect your view of yourself?
5. Share personal experiences where worship has reminded you of your worth in God's eyes.
6. Complete the sentences: "Lord, you are ____." and "Lord, you have ____."
7. Read Genesis 1:26 and Psalm 8:6-8. Discuss the responsibility God has given humanity.

8. How does understanding our worth lead to recognizing our responsibility?
9. In what ways can we reflect God's glory in our daily actions and decisions?
10. What world are you making out of the earth God has given you?
11. How can your actions lead others to worship God?
12. Share how you plan to apply what you've learned in your daily life.

Closing Prayer: Ask God to help participants see His glory, understand their worth, and fulfill their responsibilities.

Northeast Christian Church Worship Playlist:

<https://open.spotify.com/playlist/5CPRp9GdIRtkgWmdU9hUk?si=6ba6b7be8d2f4b67>



BIBLE STUDY DISCUSSION GUIDE

When You Feel Overwhelmed

Psalm 8 | March 9, 2025



Welcome and Prayer.

Introduce the theme of exploring how worship can transform our perspective and help us manage life's challenges.

Discussion Starter: Ask participants to share a song or hymn that has been significant in their spiritual journey. How does it connect to their experiences with God?

Scripture Reading: Read Psalm 8 aloud together.

Key Points from the Sermon: Explain the concept of "worship" as ascribing worth to God. Discuss how worship is not just about music but about recognizing God's glory and our place in His creation.

Reflection Questions:

1. What does it mean to you to ascribe worth to God?
2. How does worship help you see God's glory in your daily life?
3. Re-read Psalm 8:3-5. Discuss how these verses highlight human worth in God's creation.
4. How does recognizing God's glory in creation affect your view of yourself?
5. Share personal experiences where worship has reminded you of your worth in God's eyes.
6. Complete the sentences: "Lord, you are ____." and "Lord, you have ____."
7. Read Genesis 1:26 and Psalm 8:6-8. Discuss the responsibility God has given humanity.

8. How does understanding our worth lead to recognizing our responsibility?
9. In what ways can we reflect God's glory in our daily actions and decisions?
10. What world are you making out of the earth God has given you?
11. How can your actions lead others to worship God?
12. Share how you plan to apply what you've learned in your daily life.

Closing Prayer: Ask God to help participants see His glory, understand their worth, and fulfill their responsibilities.

Northeast Christian Church Worship Playlist:

<https://open.spotify.com/playlist/5CPRp9GdIRtklgWmdU9hUk?si=6ba6b7be8d2f4b67>

