

**BIBLE STUDY DISCUSSION GUIDE**  
**When You Feel Grateful | Psalm 118**  
March 23, 2025



**Welcome and Prayer.** Begin with a prayer asking God to open hearts and minds to His Word and to cultivate a spirit of gratitude.

**Introduction.** Briefly introduce the theme of gratitude as a choice and a transformative force in our lives. (Optional: share a personal story of gratitude.)

**Scripture Reading.** Read Psalm 118 aloud as a group. Consider assigning different sections to keep everyone engaged. Encourage participants to listen for repeated phrases or themes, such as “His love endures forever.”

**Discussion Questions:**

1. Can you share a personal experience where you had to choose gratitude despite difficult circumstances?
2. The sermon mentions that “gratitude shifts our perspective from fear to faith.” How have you seen this shift in your own life or in the lives of others?
3. How do the Psalms, in general, help us express and cultivate gratitude in our daily lives?
4. How does gratitude lead to worship and generosity, as illustrated by the story of Mary of Bethany in John 12:3? How can we incorporate this kind of gratitude into our worship practices?
5. The sermon suggests that “gratitude fuels endurance through hard times.” Can you think of a biblical example or a personal story where gratitude helped someone endure a challenging situation?
6. What impact could a culture of gratitude have on our church community?

7. The sermon offers steps to cultivate gratitude, such as starting the day with thanks and keeping a gratitude journal. Which of these practices resonates with you?
8. How does recognizing God's presence in our lives help us maintain a grateful heart, even in the midst of trials?
9. The sermon references Jesus as “the cornerstone”. How does understanding Jesus as “the cornerstone” of our faith influence our gratitude and trust in God?
10. What are some ways we can make gratitude a lifestyle rather than just an occasional practice? How can we encourage others to do the same?

**Application:** Discuss ways to live with more gratitude:

- Start your day with a gratitude prayer.
- Keep a gratitude journal.
- Share stories of God’s goodness with others.

**Group Activity:**

- Encourage writing down three things people are grateful for and share one with the group.
- Challenge each person to express appreciation to one person this week.

**Closing Reflection and Prayer:**

- Reflect on Psalm 118:24: “This is the day the Lord has made; let us rejoice and be glad in it.”
- Close with a prayer, thanking God for His enduring love and asking for His help in living a life of gratitude.

**Additional Resources:**

- Read 1 Thessalonians 5:18 and Luke 17:11-19 for further reflection on gratitude.
- Suggest keeping a gratitude journal as a long-term practice to cultivate a lifestyle of thankfulness.

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