

DISCUSSION GUIDE

ARMOR UP: Sword of the Spirit

May 28, 2023



1. Read Ephesians 6:10-18. In these verses in Ephesians, how many times is the word '*stand*' used?

Can you wield a sword effectively from a sitting position?

What are the implications for our faith?

2. Read Ephesians 6:17, Hebrews 4:12. Can you think of a time when the Word of God cut straight through all the distractions and led you to go in a different direction than the one in which you were headed?

Can you remember what the specific verse was?

3. Read 2 Kings 6:8-18, Romans 8:32-39. How many times in your life have you looked at your circumstances and felt like Elisha's servant?

According to the verses in Romans, who has already won the spiritual battle and what circumstances, challenges or feelings can defeat us?

Why is that hard to believe?

4. Read Romans 7:15-23. What do your typical daily battles look like?

Do you recognize that they are spiritual battles?

How can people in your group pray for you to trust God for the victory?

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