

BIBLE STUDY DISCUSSION GUIDE

AT THE MOVIES: Week Three

July 20, 2025



Big Idea. God made you to run *your race* and finish faithfully! You win when you commit, bring your best, and stay in the race.

Icebreaker. What would you call a movie about your life, and what kind of soundtrack would play in it?

Scriptures. 1 Corinthians 9:24; Proverbs 16:3; Hebrews 12:1-2; 2 Timothy 4:7; Philippians 3:13-14.

Discussion Questions.

1. What's one goal or calling you've struggled to stay committed to?
2. Proverbs 16:3 says to "commit your actions to the Lord." What does that look like practically in your current season?
3. What's the difference between committing to your goals and committing your goals to God?
4. In what area of your life is it hardest to give your best?
5. How does viewing your work (career, parenting, volunteering) as "unto the Lord" change your attitude or energy?
6. How might a mindset of "allegiance" shift how we approach excellence?
7. What's something you've recently felt tempted to quit?
8. Read Hebrews 12:1. What's one thing you feel God calling you to "throw off" right now?
9. How does the example of Jesus (Hebrews 12:2) help you keep running when life gets tough?

Next Steps: Name your race. What is God calling you to pursue or endure in this season?

Take your next step. Whether it's a conversation, a commitment, or a calendar change, share with the group what you'll do this week.

Prayer Prompts.

- Pray for the courage to commit even when it's hard.
- Ask God for the strength to pursue excellence in your daily work.
- Invite God to help you persevere in your race, with your eyes fixed on Jesus.

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