

DISCUSSION GUIDE

HIS MIGHTY STRENGTH: Emptied

September 17, 2023



Read: Matthew 11:28-30, Psalm 56:3-4, Proverbs 3:5-6

1. What do you think most people try to control in their lives? Explain.
2. Why do you think Jesus tells us come to Him and to lay our burdens down?
3. What are the benefits of trusting Jesus with your burdens and fears?
4. How does Jesus describe Himself, and what does this mean to you?
5. What does Jesus mean when He says, “My yoke is easy, and my burden is light?”
6. How would you describe your trust level with God? (a) “I’m ALL in”, (b) “I’m learning to trust”, (c) “I’m taking baby steps, but need help understanding”, (d) “I just can’t do it.” Explain.
7. What fear do you need to give to God and trust Him with today?

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