

DISCUSSION GUIDE

BETTER: Part Two, Following Jesus Well

September 25, 2022



Key Things You Heard

- R.A.M. (Relationship Attachment Model)
- Know
- Trust
- Rely
- Commit
- Touch

Pray

Heavenly Father, All through scriptures, you have used the marriage relationship as an icon for how you love us and how we are to love you. Yet, many of our marriage relationships are not an excellent example of Jesus' love. Show us how to love one another in a way that strengthens our marriage. And also use our marriages to show the love of Jesus to the world around us.

Sticky Statement

"The stronger the foundation, the more stable whatever is built upon it."

Questions for Discussion

1. Read Matthew 22:34-40. How would focusing on living out this text in our lives affect our relationship with our spouse?

How would it affect our relationship with others?

2. From Matthew 22:37, which of the words (heart, soul, mind) do you struggle with the most in living for the Lord? Why?

Which do you struggle with the most when loving your spouse?

Which do you struggle with the most when it comes to other

relationships in your life?

3. As you heard about the five components of a relationship, what impacted you the most about this discussion?
Know = sharing thoughts, dreams, feelings, and experiences day-to-day. Quality of communication.
Trust = Keeping promises and vows. Trust doesn't come from what you know but from how you think about what you know.
Rely = The way we depend on each other to meet each other's needs and wants. Trust is about what we think. Rely is about what we do.
Commit = Promise, Priority, and Presence
Touch = Romance, affection, and intimacy expressed through touch.

4. Read Matthew 6:33. Why is this verse so important as we discuss marriage and relationships?

Where is the starting point?

Who is the only person who can apply this scripture?

Why is it important to know that my walk with Christ is dependent on Him and me?

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